

Tuna Mix



*The tastes and aromas
of Indian food by
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Ingredients

- 1 can tuna in water/brine/oil, drained
- 4 tbs sweet corn, drained
- 2 tsp mayonnaise
- 1 tsp Thousand Island dressing
- 1/2 red onion, chopped
- 2 inch piece cucumber, chopped
- 1/4 red or green capsicum, chopped
- 4 sliced cherry tomatoes, sliced
- 1 clove garlic, finely chopped
- 1 green/red chilli, sliced (optional)
- 1 bunch salad leaves or fresh dill, chopped



Let's Create

1. Place all above ingredients in a bowl and gently mix them. Add mayonnaise and thousand island dressing (enough to coat the tuna well, but not overwhelm the taste of each ingredient).
2. Delicious on Turkish bread, with pasta or on a jacket potato.